

February 2009 - Your Guide to Beautiful Eyelashes

Improve the appearance of natural lash length, fullness, and thickness with a few simple steps. Groom and brush your lashes twice a day. Even a clean mascara brush can be used. Remove eye make up and mascara every night. Use a make up remover that is safe for the eye area and gently remove. Do not scrub or you may cause irritation to the sensitive skin on your lids.

An eyelash conditioner may also be used, such as MD Lash Factor by Dr. Susan F. Lin, M.D. When used nightly, it conditions eyelashes and promotes the appearance of fuller lashes after one month of use. It is ophthalmologist and dermatologist tested and is hypoallergenic. MD Lash is now available at Glow Medi Spa.